

Courageous Kids Group

Courageous Kids is a sensory motor-based behavioral therapy program designed to support preschool and elementary-aged children with various anxiety-based disorders such as, but not limited to: Selective mutism, Generalized anxiety, Sensory processing disorder, Social Communication Challenges, & Social Anxiety.

Purpose of Courageous Kids:

- Support children with communicating freely and comfortably across settings such as school, the community and in groups.
- Provide opportunities to participate in activities to support brave talking and social skills.
- Provide home strategies to continue supporting the child in climbing their brave talking ladder and increasing social confidence.
- This group intervention incorporates evidence-based approaches with engaging activities to target each child's increased verbalizations and interactions with novel adults and peers.

Age Range:

- **Preschool through First Grade**

Date & Time (Schedule):

- **Monday, February 19th to Thursday, February 22nd from 9:30am-12:00pm.**

Cost/Details:

- Space is limited, sign up early to reserve a spot for your child!
- Cost: \$2,200 (This includes one fade in session and an email update home with strategies for follow through at home and the weekend intensive).

Should you have additional questions about billing, please contact Emily!

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