



Self-Regulation & Social Skills Intensive

(Ages 4-7)

Choose from one of the week's below:

FEE: \$1,100 (Per Week)

Note: Superbills provided upon request

Week 1: June 26 - June 29 (11:00-1:30)

Age Group: 5-7 years old

Week 2: July 3 - July 6 (11:00am-1:30pm)

Age Group: 4-6 years old

What We Will Work On:

- Children are paired up according to age and social skill areas in need of support.
- **Groups target skill enhancement in the following areas:** making and keeping friends, entering play, appropriate play, showing good sportsmanship, flexibility in play, physical and emotional regulation during play and expressing/understanding feelings during play.
- A sensory-motor based approach is implemented to assist the children in learning and practicing skills through movement and an understanding of their bodies in relation to their environment.
- **Children work together to learn the following self regulation skills:** Understanding their own unique sensory system, matching their arousal levels to a particular activity, tools to assist with self regulation in a classroom, tools to assist with emotional self regulation when interacting with others and independence in identifying their individualized sensory needs.
- Each session will incorporate lessons based on the “zones of regulation”, which helps students understand how to change or maintain an optimal state of alertness for functional activities in school and at home, as well as the “SuperFlex Social Thinking Curriculum”.
- Social language facilitation: Learning/practicing skills related to pragmatic skills such as: conversational turn-taking, initiating and maintaining a conversation, maintaining appropriate eye contact, maintaining topic of conversation and whole body listening in a conversation.
- Recommendations for follow through and reinforcement of learned skills at home is provided.

[Register Online](#)

To reserve your child's spot please [complete the online camp sign up form](#) by May 1, 2023. If you have any questions please contact Emily O'Brien (eo@littlehandsot.com).

Signup Link: <https://fs29.formsite.com/littlehands/xp28pzh0v6/index.html>