



This summer Little Hands will be offering 4 fantastic summer therapeutic intensives at our Corte Madera Clinic

Summer Therapy Intensives Include:

1. Self-Regulation & Social Skills Intensive (All Ages)
2. Kindergarten Buddies Group (Social Emotional Well Being)
3. Courageous Kids Group
4. Connecting Our Hands To What We See (ages 7 & up)

Details

- Option for outdoor OR indoor participation
- All groups will be facilitated by Pediatric Occupational Therapists
- Monday thru Friday

Self-Regulation & Social Skills Intensive (All Ages)

Choose from one of the below weeks or sign up for both. Kids will be paired based on age (not to exceed groups of 6).

FEE: \$850 (Per Week)
Note: can be billed as therapy

Week 1: **July 19** (9:00 AM to 10:00 AM)
Ages 3-5

Week 2: **July 26** (9:00 AM to 10:00 AM)
Ages 5 & up

What We Will Work On:

- Children are paired up according to age and social skill areas in need of support.
- **Groups target skill enhancement in the following areas:** making and keeping friends, entering play, appropriate play, showing good sportsmanship, flexibility in play, physical and emotional regulation during play and expressing/understanding feelings during play.
- A sensory-motor based approach is implemented to assist the children in learning and practicing skills through movement and an understanding of their bodies in relation to their environment.
- **Children work together to learn the following self regulation skills:** Understanding their own unique sensory system, matching their arousal levels to a particular activity, tools to assist with self regulation in a classroom, tools to assist with emotional self regulation when interacting with others and independence in identifying their individualized sensory needs.
- Each session will incorporate lessons based on the “zones of regulation”, which helps students understand how to change or maintain an optimal state of alertness for functional activities in school and at home, as well as the “SuperFlex Social Thinking Curriculum”.
- Social language facilitation: Learning/practicing skills related to pragmatic skills such as: conversational turn-taking, initiating and maintaining a conversation, maintaining appropriate eye contact, maintaining topic of conversation and whole body listening in a conversation.
- Recommendations for follow through and reinforcement of learned skills at home is provided.

Reserve Your Spot: In order to reserve your child’s spot please email our clinic coordinator, Mary Welton (mw@littlehandsot.com).

Kindergarten Buddies Group (Social Emotional Well Being)

Choose from one of the below weeks or sign up for both. Kids will be paired based on age (not to exceed groups of 6).

FEE: \$850 (Per Week)

Note: can be billed as therapy

Week 1: July 19 (11:30 AM to 1:30PM)

Week 2: July 26 (11:30 AM to 1:30PM)

What We Will Work On:

- Children who have already completed Kindergarten get to take on a leadership role and showcase their skills, increasing confidence and preparing for first grade.
- This exciting and interactive group focuses on the following skills: easing transitions, understanding the expectations of a classroom, handwriting readiness, making new friends, following directions and self regulation in a classroom setting.
- The group is guided through a sensory integrative approach of movement, art and music. Lessons are taught in a multi sensory environment to help children optimize learning.
- The self-regulation curriculum, “The Zones of Regulation” is implemented to assist the children in preparing themselves (self-regulation) for optimal learning.
- Recommendations for follow through and reinforcement of learned skills at home is provided

Reserve Your Spot: In order to reserve your child’s spot please email our clinic coordinator, Mary Welton (mw@littlehandsot.com).

Courageous Kids Group

Kids will be paired based on age (not to exceed groups of 6).

FEE: \$1,000 (Per Week)

Note: can be billed as therapy

Week 1: July 19 (9:00 AM to 11:00 AM)

Week 2: July 26 (9:00 AM to 11:00 AM)

About This Camp

Courageous Kids is a sensory motor based behavioral therapy program. The program has been designed to support preschool and elementary aged children with various anxiety based disorders such as, but not limited to:

- Selective mutism
- Generalized anxiety
- Sensory processing disorder
- High functioning ASD

The goal of this program is to support children with communicating and participating more freely and comfortably in school and other social settings. A classroom-like setting is created that offers children a safe environment to practice verbal participation: “courageous talking”, “courageous moving” and “courageous playing”. Children are positively reinforced for being brave and courageous!

Reserve Your Spot: In order to reserve your child’s spot please email our clinic coordinator, Mary Welton (mw@littlehandsot.com).

THERAPY INTENSIVE 4

Connecting Our Hands To What We See (ages 7 & up)

Choose from one of the below weeks or sign up for both. Kids will be paired based on age. The program has been designed to support elementary and middle-school aged children with various fine-motor, visual-perceptual, and visual-motor integration challenges (not to exceed groups of 6).

Note: Supplies will be included. All abilities are welcome and modifications will be made upon request.

Fee: \$850 (Per Week)

Note: can be billed as therapy

Week 1: June 22 (10:00AM-12:00PM)

Week 2: June 28 (10:00AM-12:00PM)

About this camp

- This group will focus on empowering kids to “DIY” and build resilience. The children will be using multi-sensory materials and more advanced tools such as; hot-glue guns, hammers, drills, irons, etc.
- Children will be working on following instructions and visual sequences (visual-perception) to complete complex crafts.
- These crafts will target visual-motor integration skills; capturing perceptually what their eyes see, processing it, then motor-planning to accurately control their hand movements.
- To manipulate these tools and materials the children will enhance their fine motor coordination and build finger & hand strength.
- They will have to problem-solve and build their frustration tolerance to reach their end product.
- In this group we reinforce a “Can Do” attitude and encourage self-expression.

Reserve Your Spot: In order to reserve your child’s spot please email our clinic coordinator, Mary Welton (mw@littlehandsot.com).